CURRENT AND FUTURE WAYS TO CLOSED LIFE SUPPORT SYSTEMS



Human-microbes symbiosis in health and disease, on earth and beyond our planetary boundaries

> Joël Doré - INRAE, Université Paris-Saclay, France











Disclaimer – links of interest :

•Lectures for BMS, Janssen, Danone, Biocodex, Sanofi, Adisseo, Seventure, MaaT Pharma, ...

• Editorial work Biocodex 'The Intestinal Microbiota'

•*Research co-funded by Danone, Nestle, Pfizer, Adisseo, Enterome, MaaT Pharma, Ipsen, Roquette, Bridor, ...*

•Co-founder and Scientific advisor of MaaT Pharma, Novobiome and GMT.





The intestinal microbiota A full fledged organ





Philippe Marteau, Sorbonne Universités, UPMC Univ Paris VI, Paris ; INSERM-ERI 1157. CHU Saint-Antoine 27, Paris ;

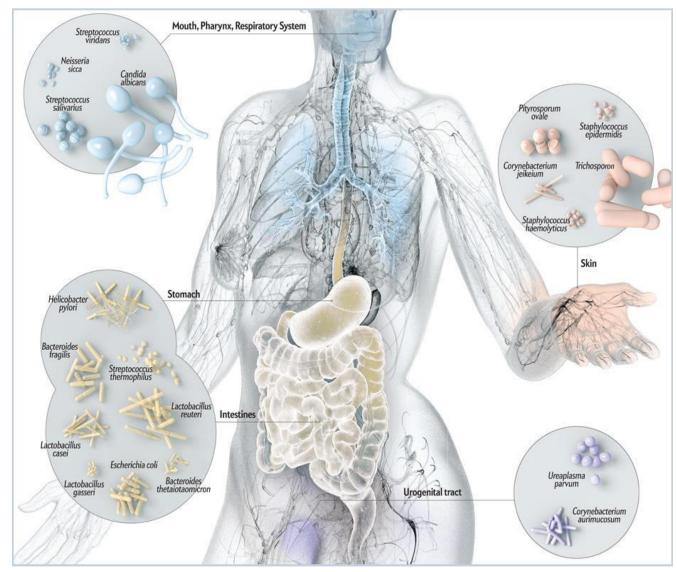
INSERM-ERL 1157, CHU Saint-Antoine 27, Paris ; UMR 7203, Paris ; services d'hépatologie, de gastro-entérologie et nutrition, APHP, Hôpital Saint-Antoine, *Paris*



Joël Doré, directeur de recherche, directeur scientifique de l'unité de service MetaGenoPolis, INRA, Jouy-en Josas

Humans are microbial, ecosystems, symbiosis

50 000 000 000 bacteria and many more microbes

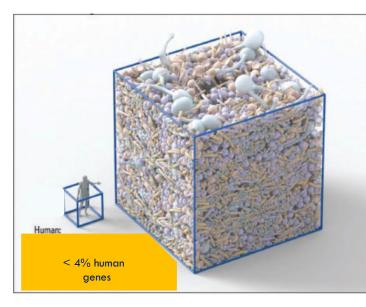


Microbiome-conferred protective functionalities

23000 human genes and functions

Host-microbes symbiotic relationship

600000 microbial genes and functions



Microbiome acting as:

- Endocrino-metabolic regulator
 - Potentiate dietary ingredients (fibers to scfa, micronutrients, vitamins,..)
 - Bioconverts bile acids ; detoxifies
- Immuno-inflammation regulator
 - Promotes immune homeostasis
- Antimicrobial protector
 - Drives competitive exclusion
- Neuro-vegetative regulator
 - Promotes tissue renewal, mucin production
 - Drives systemic signaling

Microbiome Science is changing the landscape

MetaHIT Con sortium. Qin et al., Nature 2010 Grice et al, Annu Rev Genomics Hum Genet 2012 HMP Consortium et al., Nature 2012



Starting at birth...

adapted from Gonzalez et al. 2011, EMBO reports



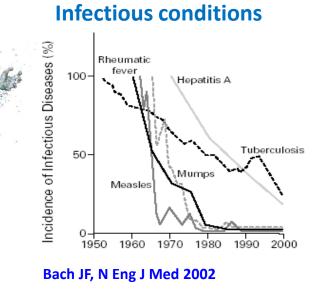
50,000,000 bacteria per gut microbiome 600,000 genes & **300** species on average ...and diminishing...

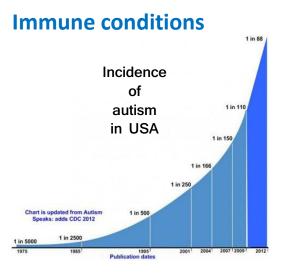
Risk of immune-mediated condition

Loss of homeostasis

in spite of major progress in medicine ; an urgent need for innovation in prevention and therapy

The incidence of chronic conditions and their comorbidities have been rising, uncontrolled, since the 1950's...







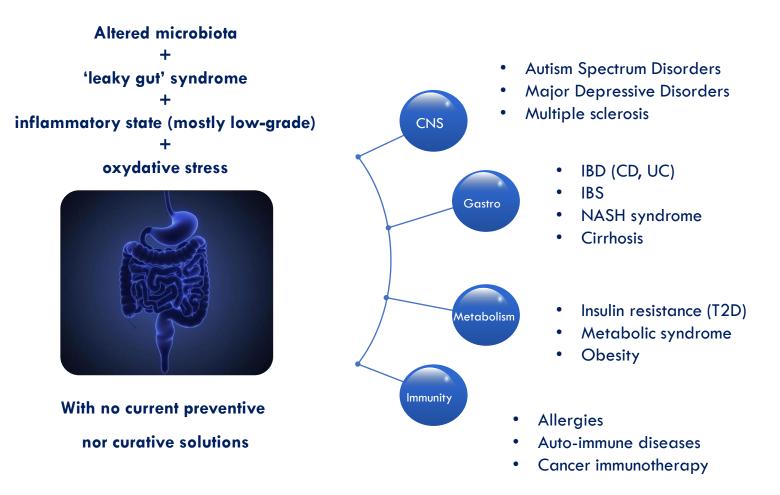
Recent transitions...

- ✓ Birth mode & environment
- ✓ Life and dietary habits
- ✓ Exposure to xenobiotics

...life expectancy already impacted in the USA

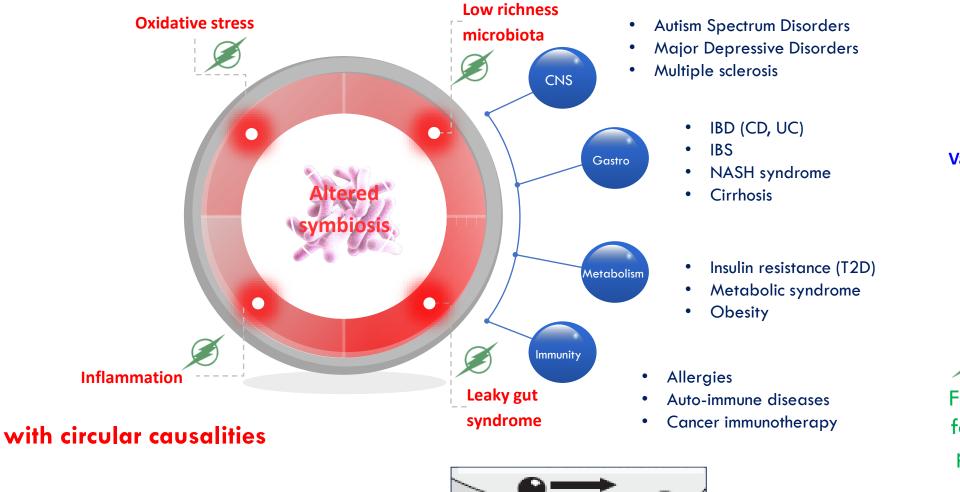
The common thread in chronic conditions

Dysbiosis : A disruption of host-microbes symbiosis



The common thread in chronic conditions

Dysbiosis : A disruption of host-microbes symbiosis





Van de Guchte, Blottiere & Doré. Microbiome. 2018

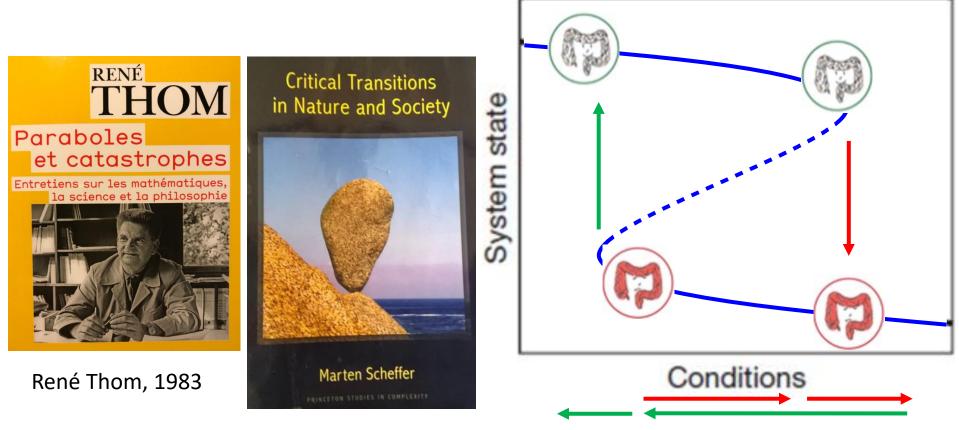
> Van de Guchte, et al. Microbiome. 2020

Van de Guchte, Mondot, Doré. Gastroenterology 2021



Four actionnable triggers for diagnosis, prediction, prevention and therapy Doré et al. Therapy. 2017.

« Catastrophic shift » or critical transition ; leading to alternative stable states and hysteresis



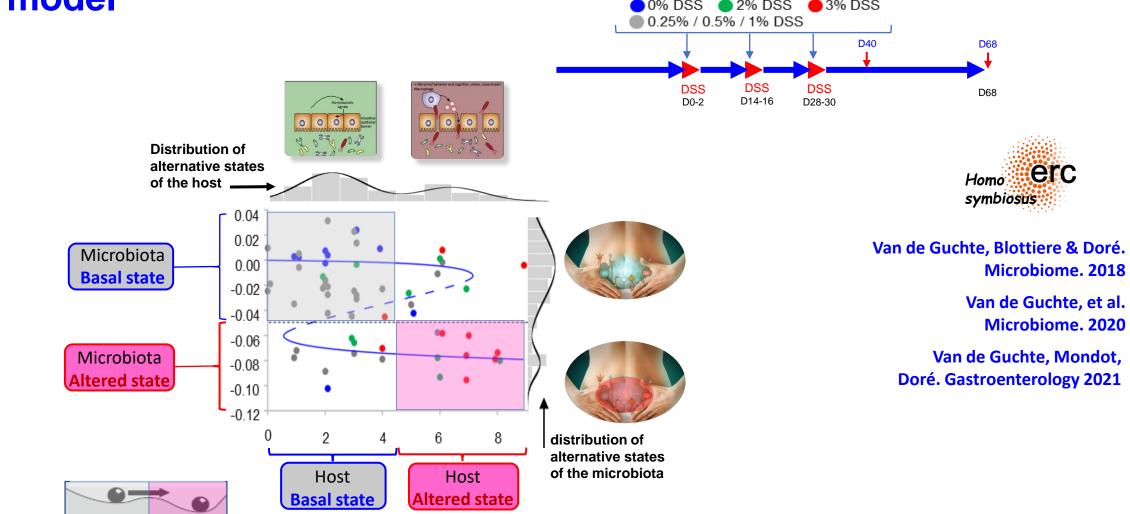
Marten Scheffer, 2009







Inflammation alone can induce durably altered symbiosis – a rat model •0% DSS • 2% DSS • 3% DSS



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2022 MELISSA CONFERENCE

8-10 NOVEMBER TOULOUSE (FRANCE) Space-flight associated stress to host-microbes symbiosis:

- microgravity
- radiation
- lack of 'symbiosis-friendly' dietary stimuli

Can we mitigate these and promote the maintenance of a balanced, functional host-microbes symbiosis













Many options will not be available



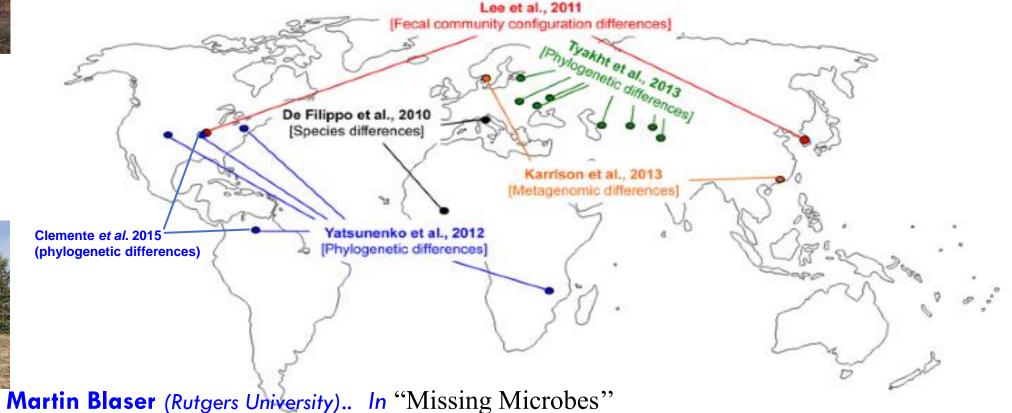
microbiome richness



"The invisible extinction":

By Sarah Schenck

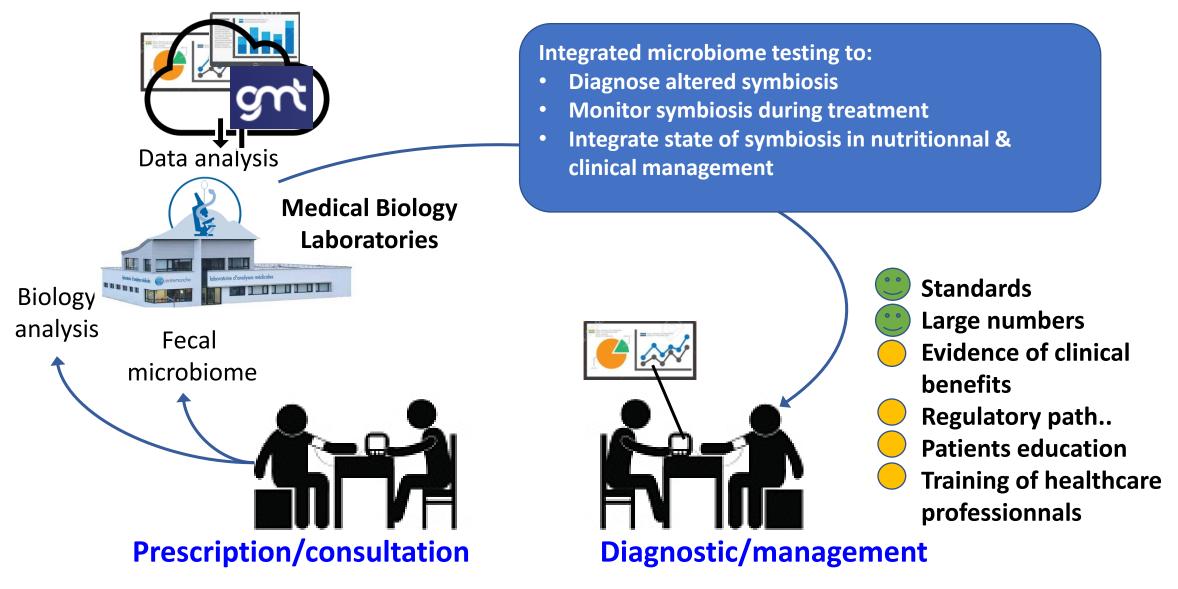
Loss of microbiomes richness



Mitigating alteration of host-microbes symbiosis

- Monitoring microbiome & symbiosis
 - Restoring microbiome & symbiosis
 - Resetting microbiome & symbiosis

Monitoring the state of symbiosis as a new tool for health care professionnals



Elisabeth Hohmann (Harvard Med School).. "we need microbiome clinics and we need microbiome clinicians"

Standards ...

nature biotechnology Towards standards for human fecal sample processing in metagenomic studies Paul I Costea¹, Georg Zeller¹, Shinichi Sunagawa^{1,2}, Eric Pelletier³⁻⁵, Adriana Alberti³, Florence Levenez⁶, Liping Zhao²⁶, Erwin G Zoetendal¹², S Dusko Ehrlich^{6,27}, Joel Dore⁶ & Peer Bork^{1,28-30}

Costea et al Nat Biotec 2017http://www.microbiome-standards.org>>http://www.mgps.eu



Million Microbiomes of Humans Project MMHP

Officially launched the October 26th, 2019 at the 14th International Conference on Genomics (ICG-14)

International microbiome research program

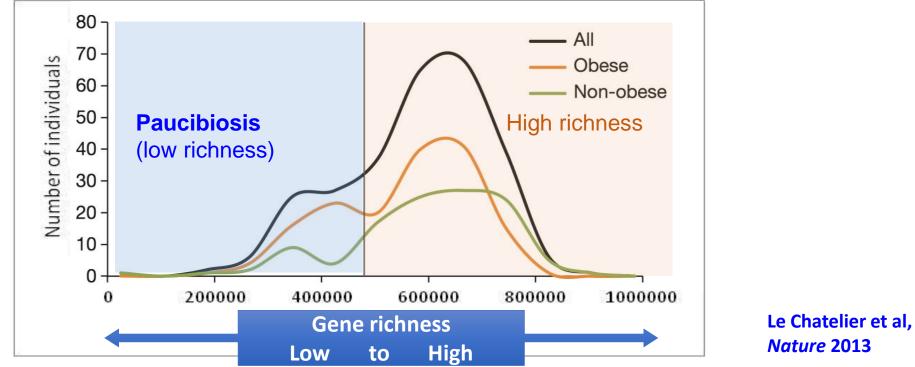
100,000 microbiomes of French citizens - Inrae promoter ; AP-HP investigator -







Evidence of clinical benefits : gene richness as a health biomarker



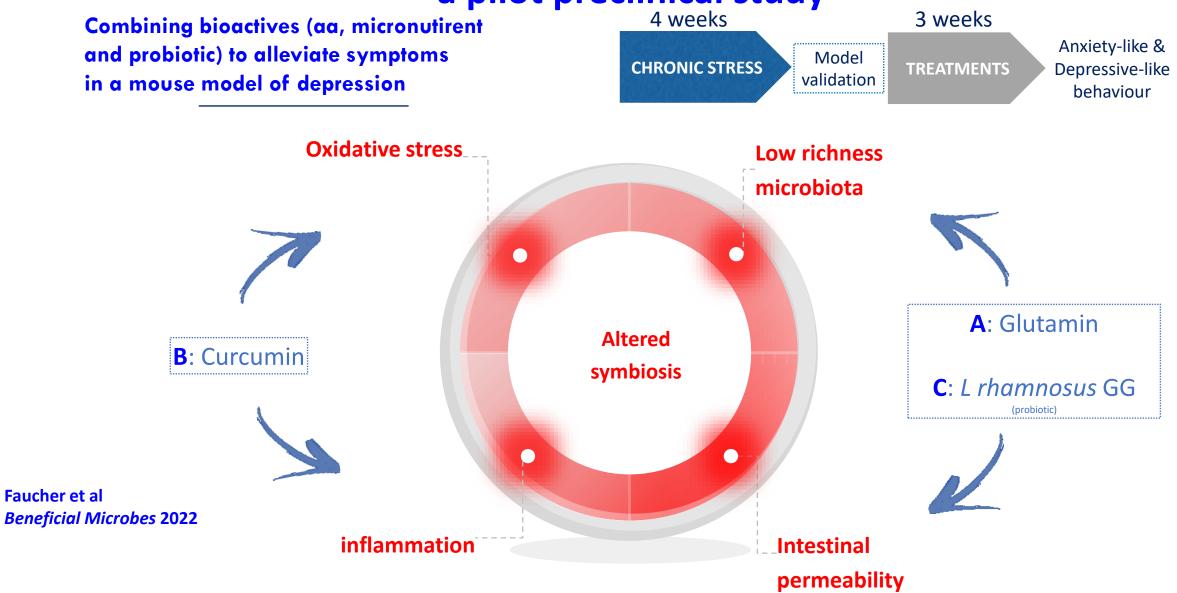
Nature 2013

Paucibiosis (low gene richness) is associated with :

- Altered metabolic & inflammatory traits in overweight and obesity (LeChatelier Nature 2013) ٠
- Non-response to a caloric restriction in obesity (Cotillard Nature 2013)
- Higher severity/faster progression in severe liver conditions (Qin Nature 2014, Solé Gy. 2021) ۲
- Reduced progression-free survival post immunotherapy in melanoma (Gopalakrishnan Science 2018) or lung cancer (Routy Science 2018)
- Reduced survival after Stem Cell Transplantation (HSCT) in blood cancer (Taur Blood 2014, Peled NEJM 2020) ۲
- higher risk of GvHD post HSCT in blood cancer (Pamer Blood 2014, Jenq Biol Blood Marrow Transpl 2015) ۲

Combinatorial approach to restore symbiosis in depression

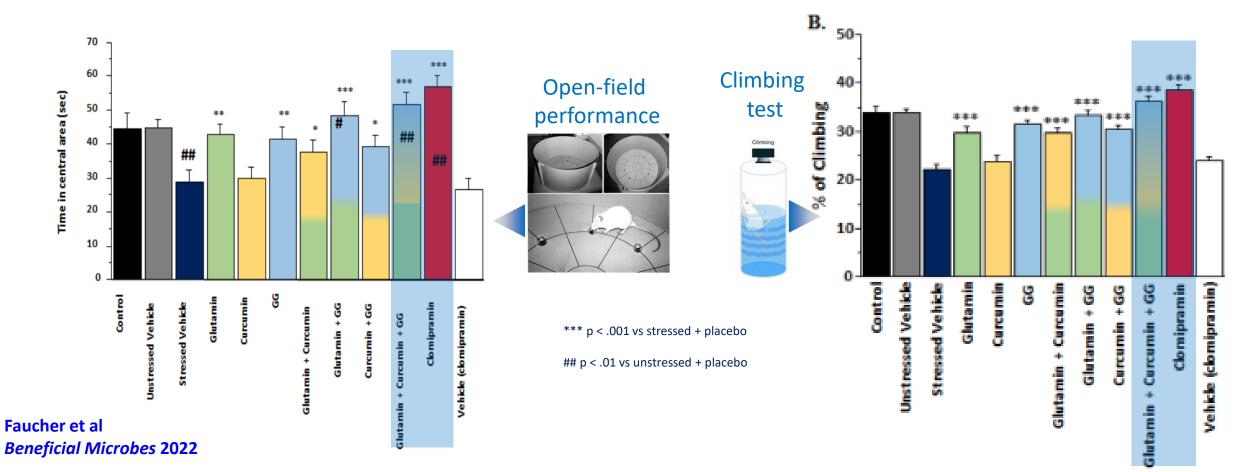
- a pilot preclinical study



Preclinical results

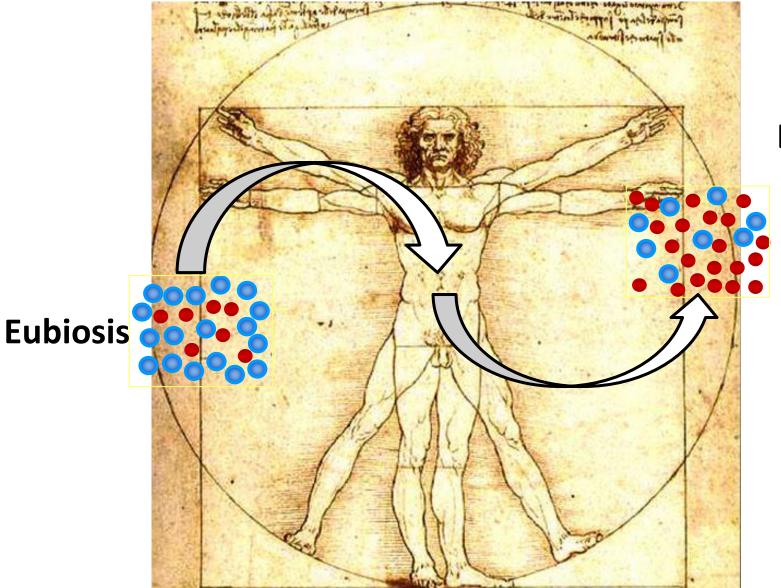
Anxiety-like behaviour

Depressive-like behaviour



A combotherapy with 3 food-grade bioactives shows a synergistic efficacy comparable to tricyclic parenteral antidepressant Clomipramin

Fecal Microbiota Transfer : whole ecosystem microbiotherapy



Dysbiosis

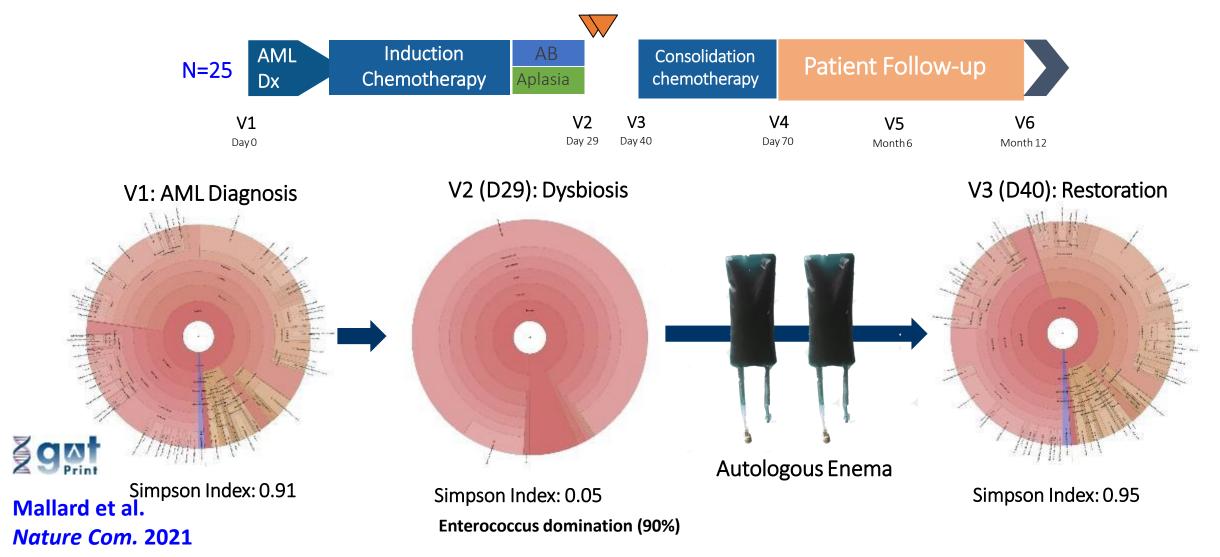
An approach aiming to reset a functional host-microbes symbiosis

PoC reset of symbiosis post chemotherapy

OdysséE 🎸

in acute myeloid leukemia by autologous fecal microbiota transfer

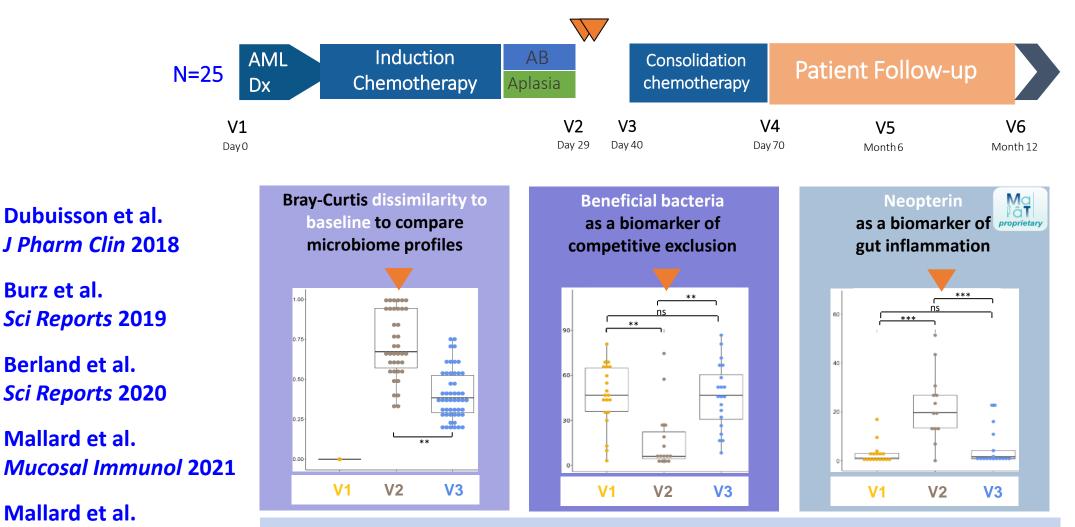




OdysséE PoC reset of symbiosis post chemotherapy

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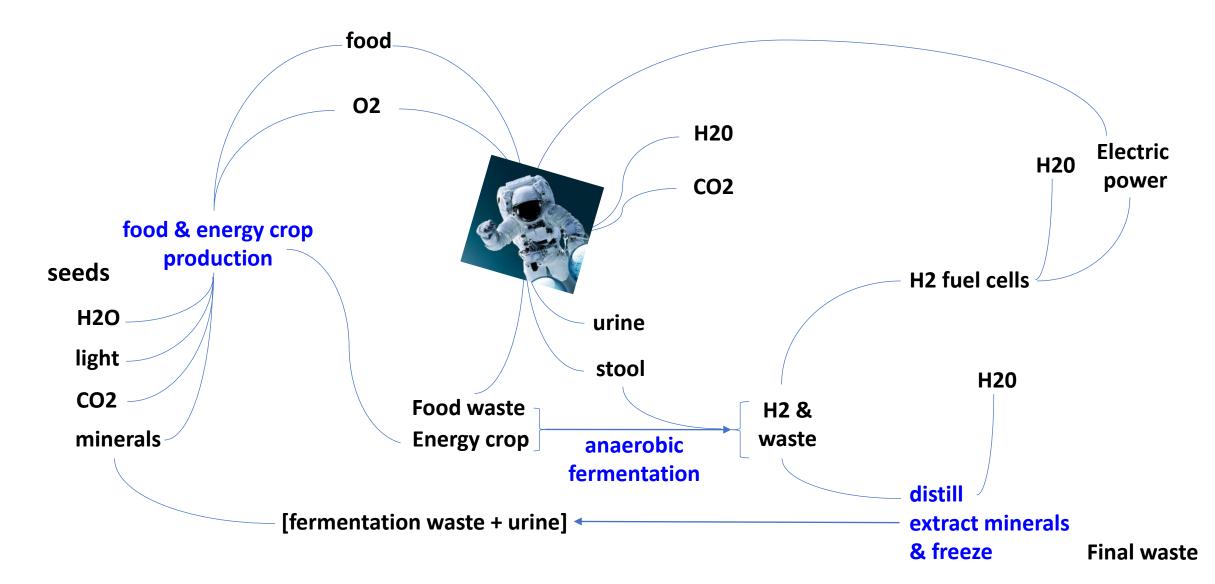


> 90% Microbiota recovery (Simpson diversity index – Species level)

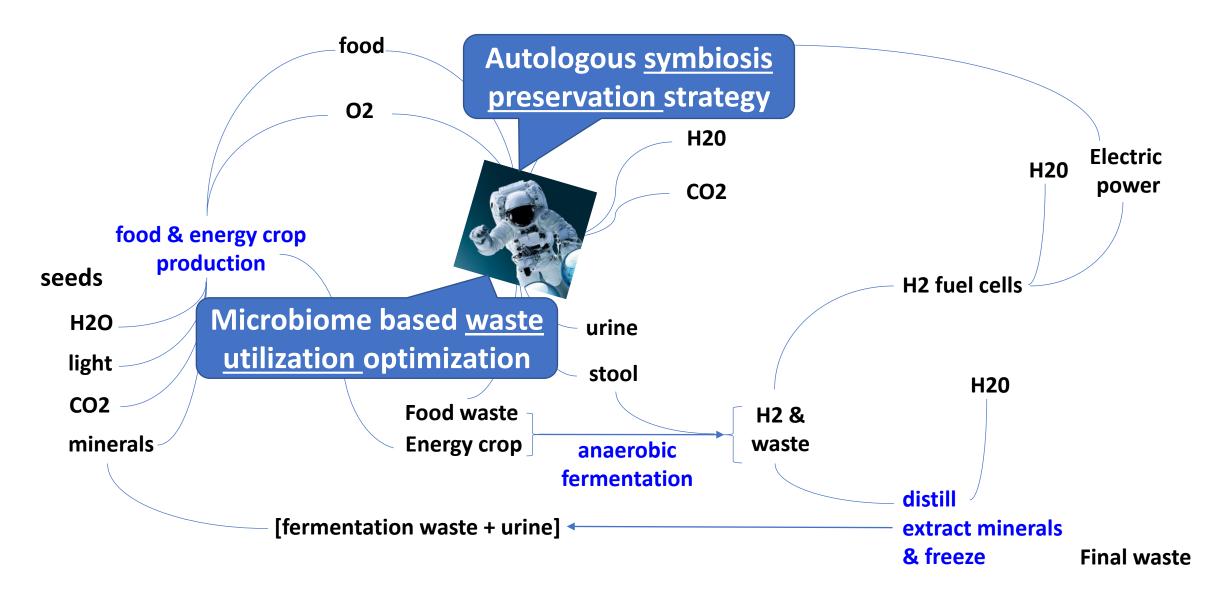
Nature Com. 2021

Excellent safety profile with 84% survival after one year (versus 70% historical control)

Human-microbes symbiosis : needs and wastes in a closed system - health management & waste quality prediction -



Human-microbes symbiosis : needs and wastes in a closed system - health management & waste quality prediction -



Take home messages

...

- altered host-microbes symbiosis will lead to loss of protective functions.
- circular causalities & critical transition applies to host-microbes symbiosis.
- Monitoring : integrating microbiome and host parameters to rationalize mitigation strategies in response to specific needs.
- Prevention or cure :
 - Restoring, targeting several triggers of a vicious circle in altered hostmicrobes symbiosis, with a crucial place for diverse bioactives.
 - Resetting, using full ecosystem microbiotherapy, in autologous format, with oral formulations, or in allogenic format in patients with life threatening conditions.



Le microbiote intestinal Un organe à part entière





Merci de votre attention Take care of your symbiosis



joel.dore@inrae.fr

Micalis & MetaGenoPolis, INRAE Jouy-en-Josas-Antony, University Paris Saclay, France



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